

Position Statement

For

**Current Overnight Short Break
Provision**

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Please Note: All information and data in this document is correct as of **September 2017**

Short Breaks Offer

In response to the short breaks duty, Worcestershire County Council, currently commission (in partnership with the three CCGs) a range of short breaks services. The short break may take place in a community activity setting, a child/young person's home or other residential setting. They can be at any time ranging from an hour to a day, evening, overnight, weekend or holiday, depending on the needs of the family involved.

In meeting our duties under the Equalities Act 2010 and related legislation we want to ensure that through our offer of Short Breaks a child or young person with a disability can get the support they need to be included in activities that they choose. This can also provide a break from caring responsibilities for parents, carers and siblings, enabling them to access opportunities for themselves that enhance the quality of life of their family and allowing them to access education and training.

In Worcestershire, overnight unit based short breaks are situated within specialist short break services. Specialist short breaks services prioritise support for those families with children and young people who require the highest levels of support and where caring responsibilities place significant stress on the whole family. They are available to eligible children and young people via a social work assessment of need, by the Children with Disabilities (CWD) team (0 to 16 years) and the Young Adults Team (16 to 18 years). The social work assessment is accessed via the Family Front Door.

Osborne Court

Osborne Court is regulated by CQC and therefore quality assurance will have been included in Worcestershire Health and Care NHS Trusts last inspection, which was rated good.

Statement of Purpose

Osborne Court is a health unit for both adults and children and young people with wide ranging health needs. These could include but are not exclusive to, challenging behaviours (including those on the Autistic Spectrum), profound and multiple learning and physical disabilities and moderate learning and physical disabilities.

The children's unit takes children, at the earliest, from 2 years old up to 18 years old, where there is a strict cut off on the young person's 18th birthday. The unit is located in Malvern and the service is offered predominantly to those in South Worcestershire but can provide services to individuals from other parts of Worcestershire if their needs cannot be met elsewhere.

Unit Capacity

Osborne Court comprises of 5 bungalows;

- one adult bungalow which houses 4 beds,
- one children's bungalow which houses 6 beds but only 5 of these are used for 'routine' short break beds
- one children's emergency and assessment bungalow which houses 2 beds. This bungalow is used for emergencies but can be used as a routine bed for those children and young people displaying potentially risky and harmful behaviours,
- two bungalows currently stand unoccupied and require renovation.

There are no longer any long stay bed bungalows onsite at Osborne Court.

The unit is open 7 days a week, 365 days of the year. It has planned closures during the Christmas period (Christmas Eve, Christmas Day and Boxing Day); however, the unit can remain open and still be used at these times if emergencies occur.

Unit Occupancy

2016-17	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17
Occupancy		143	134	138	156	140	149	135	151	166	137	143
Capacity		145	150	155	155	145	155	150	135	155	140	150
Occupancy %		99	89	89	100	97	96	90	111	107	98	95

There are currently 48 children and young people open to and accessing services at Osborne Court. Over the next 2 years, around 10 young people will leave the service as they reach 18 years old.

Ludlow Road

Ludlow Road is regulated by CQC and therefore quality assurance will have been included in Worcestershire Health and Care NHS Trusts last inspection, which was rated good.

Statement of Purpose

Ludlow Road is a short breaks unit located in Kidderminster. It is a bungalow that has been adapted to meet the needs of children with a physical disability including ramps and lifting equipment such as overhead tracking hoists. Ludlow Road does not take children and young people who present challenging behaviours due to the risks to others.

During the daytime, Ludlow Road has 3 staff member on duty; 1 of these will always be a registered nurse and the other 2 are healthcare assistants. During the evening, there will be 2 waking night staff members on duty; 1 will always be a registered nurse and the other a healthcare assistant.

This Service is available for Children and Young People, ages 3-18 years, however, the unit can take children younger than 3 but this is dependent on the needs of the child and their family. The unit mainly services Redditch, Bromsgrove and the Wyre Forest but does take children and young people from across the county.

Unit Capacity

The unit has 6 beds, comprising of 2 single rooms and 2 twin rooms. It is open 5 days a week.

Unit Occupancy

The unit is commissioned to take 6 children and young people per night however the occupancy figures may not always reflect this due to two of the rooms being twin rooms meaning it may not always be suitable for two young people to share.

2016-17	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17
Occupancy	105	102	88	104	103	108	117	109	91	99	102	113
Capacity	132	132	114	138	126	126	132	138	102	132	120	144
Occupancy %	80	77	77	75	82	86	89	79	89	75	85	78

There are currently 23 children and young people open to and accessing services at Ludlow Road. Over the next two years, 5 of those young people will leave the service as they reach 18 years old.

Moule Close

Kidderminster short break unit is registered with OFSTED as a Children's Home. The last full inspection on 02/08/2016 rated the unit outstanding. At its interim inspection on 01/03/2017, the unit had improved effectiveness.

Statement of Purpose

Moule Close is a short break unit located in Kidderminster. The unit accommodates children and young people of both genders, between the ages of 5 years to 18 years. They are able to provide overnight breaks for up to 4 young people whose primary needs fall into the following categories: -

- Children with a learning disability;
- Children with autism;
- Children who may display challenging behaviour.

Due to not having hoists and lifting and handling training the unit are only able to offer services to young people with mild/moderate physical disabilities. The unit does not have the resources to meet the needs of young people with terminal illness/physical disabilities.

Unit Capacity

There are 4 beds at this unit. It is open 7 days a week and only closes on all bank holidays, including Christmas.

Unit Occupancy

2016-17	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17
Occupancy	90	95	88	95	92	94	93	85	78	83	86	
Capacity	104	112	104	108	104	108	104	104	93	100	96	
Occupancy %	87	85	85	88	88	87	89	82	84	83	90	

There are currently 31 children and young people open to and accessing services at Kidderminster Short Breaks Unit. 2 children and young people are in introductions to the unit. Over the next 2 years, around 3 young people will leave the service as they reach 18 years old.

Providence Road

Bromsgrove short break unit is registered with OFSTED as a Children's home. The last full inspection on 09/08/2016 rated the unit outstanding. At its interim inspection on 28/02/2017, the unit had sustained effectiveness.

Statement of Purpose

The short breaks unit is situated in Providence Road, Bromsgrove and falls under the umbrella of the Local Authority. The Unit responds to referrals relating to children and young people with physical disabilities and/or learning disabilities within the age range of five to seventeen (on admission) with a strict cut off on the 18th birthday.

The unit provides services for children and young people whose primary requirements fall into the following categories:

- Children with permanent and substantial physical and/or learning disabilities.
Where in addition priority is given on the basis of:
 - A child in a family situation experiencing difficulties or a placement in danger of becoming unsustainable.
 - Child and family have no or limited appropriate support networks.

The unit does not accept referrals from young people whose primary requirements they are unable to meet:

- Do not have the resources to meet the needs of young people who have severe challenging behaviour.
- Do not accept emergency Looked After accommodated children for longer-term placements.
- Children with specific medical health care needs, which require more expert nursing care as we do not employ nursing staff.

Unit Capacity

The unit has 4 regular OFSTED beds, plus 1 additional bed (comprising of 2 bedrooms) within the setting that has not yet been regulated by OFSTED.

The unit is open 51 weeks of the year and is closed for one week over the Christmas period.

Unit Occupancy

2016-17	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17
Occupancy	91	90	89	79	89	91	96	93	81	86	96	97
Capacity	116	120	116	116	124	120	124	120	104	116	112	124
Occupancy %	78	75	77	68	72	76	77	78	78	74	86	78

There are currently 30 children and young people open to and accessing services at Bromsgrove Short Breaks Unit. 3 of these children and young people are in introductions to the unit. Over the next 2 years, around 4 young people will leave the service as they reach 18 years old.

Acorns

Acorns in the Three Counties have a CQC overall rating of Good.

Statement of Purpose

The three counties hospice has 10 bedrooms, 2 family care suites and 2 family flats. The hospice provides care and support at end of life. They are able to care for children with complex medical needs including those on long-term ventilation and tube fed. To meet the criteria babies, children and young people need to be diagnosed with a life limiting or life threatening condition and have not yet reached their 18th birthday.

In Worcestershire, Acorns is part funded by the three Clinical Commissioning Groups; there is no Worcestershire County Council contribution. There is currently a Worcestershire County Council contract arrangement in place until March 2018 covering this funding however, from 1st April 2018, this will be converted to a grant funding arrangement using the standard NHS framework. The CCG funding contributes to all elements of the care provided at Acorns, including but not exclusive to; end of life care, palliative overnight short breaks, outreach work, psychosocial support, sibling and family support work. Therefore, the funding cannot be directly attributed to short breaks, nor compared as a unit cost with the other short break providers.

Number of Worcestershire CCG's children and young people referred to Acorns between 2016/17 are as follows (note this reflects referrals per quarter, not total number of children accessing the service);

	Apr – Jun 2016	Jul – Sept 2016	Oct – Dec 2016	Jan – Mar 2017
Accepted	8	5	2	6
Declined	0	1	1	1

Acorns currently offer 16 nights per year of short breaks respite care to children with life limiting or life threatening conditions as part of their holistic care to children and families.

Summary Tables

Cost per bed night

The table below shows the average cost per bed night for 2016/17. The cost per bed night has been derived from the total costs and the current capacity of the units. However, they are commissioned and funded on a block contract basis regardless of occupancy rates.

Unit	Cost per bed night
Osborne Court	£229.20
Ludlow Road (based on 4 beds)	£594.40
Ludlow Road (based on 6 beds)	£396.00
Moule Close	£294.18
Providence Road	£290.19
Acorns	£850.00/£350.00*
Family Based (standard)	£265.00
Family Based (complex)	£295.00

*Please note: Acorns have a cost per bed night of £350 if it is part of a pre-planned add on to an existing package.

Unit Occupancy

The table below shows unit occupancy as a percentage for 2016/17. The target rate is 95% for Moule Close and Providence Road units

2016-17	Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17
% Moule Close	87	85	85	88	88	87	89	82	84	83	90	
% Providence Road	78	75	77	68	72	76	77	78	78	74	86	78
% Ludlow Road	80	77	77	75	82	86	89	79	89	75	85	78
% Osbourne Court		99	89	89	100	97	96	90	111	107	98	95
Total %	81	84	82	80	86	87	88	84	93	90	92	88

The table below shows that data for the above percentages;

Unit - 2016/17		Apr-16	May-16	Jun-16	Jul-16	Aug-16	Sep-16	Oct-16	Nov-16	Dec-16	Jan-17	Feb-17	Mar-17
Moule Close	Occupancy	90	95	88	95	92	94	93	85	78	83	86	
	Capacity	104	112	104	108	104	108	104	104	93	100	96	
Providence Road	Occupancy	91	90	89	79	89	91	96	93	81	86	96	97
	Capacity	116	120	116	116	124	120	124	120	104	116	112	124
Ludlow Road	Occupancy	105	102	88	104	103	108	117	109	91	99	102	113
	Capacity	132	132	114	138	126	126	132	138	102	132	120	144
Osborne Court	Occupancy		143	134	138	156	140	149	135	151	166	137	143
	Capacity		145	150	155	155	145	155	150	135	155	140	150
Total	Occupancy	286	430	399	416	440	325	338	313	310	335	319	240
	Capacity	352	509	484	517	509	373	383	374	332	371	348	274
	%	81	84	82	80	86	87	88	84	93	90	92	88

Potential Unit Capacity

The table below shows the current capacity versus the possible capacity for all 4 of the units but also includes the emergency provision at Osborne Court.

Unit	Current operating nights per week	Current number of nights open per year	Current number of beds per night	Current Capacity (total bed nights per year)	Possible number of beds per night	Possible Capacity (total bed nights per year)	Possible additional bed nights	
							Per year	Per month
Osborne Court	7	363	5	1815	6	2178	363	30
Osborne Court - Emergency	7	363	2	726	n/a	n/a	n/a	n/a
Ludlow Road	5	260	6	1560	4	1040	-520	n/a
Moule Close	7	359	4	1436	4	1436	0	0
Providence Road	7	358	4	1432	6	2148	716	59

*Please note: Capacity = No. of beds (x) no. of nights open per year

Agreed Provision

The table below shows the total amount of agreed overnight provision by month and by year for each unit compared with the current total capacity per year for each unit.

Unit	Total Agreed nights per month	Total Agreed nights per year	Capacity (per year)
Ludlow Road	99	1188	1040
Providence Road	79	948	1432
Moule Close	88	1056	1436
Osborne Court	215	2580	1815
Total	481	5900	5723

*Please note: Ludlow Road is based on 4 bed capacity as this is the preferred occupancy level